

HOW DO FAMILY RELATIONSHIPS INFLUENCE TEEN MENTAL HEALTH?

Do you have a teenager between 11 and 17 years old?

Can you help us understand how family relationships influence teen mental health?



The University of Queensland is seeking families to take part in new research exploring the role of supportive parenting in positive youth development for teenagers.

We are looking for families of teenagers with anxiety or behaviour problems, as well as teenagers who are doing well.

Parents and teenagers will complete a 30-minute online survey to provide information about how parents raise their teenagers, how teenagers and their parents get along with each other, and parents' and teenagers' wellbeing.

Parents may participate even if their teenagers choose not to.

All participating families can enter a prize draw for a \$100 Coles-Myer gift voucher.

For more information and to complete the survey, please go to our project website:

<https://exp.psy.uq.edu.au/parentingteens/project/mentalhealth>

You can also contact our research team at parentingteens@uq.edu.au for more information.